

# Teladoc Health: Virtual care support, anytime, anywhere

Teladoc Health (Teladoc) is a global leader in whole-person virtual health care, with one of the largest virtual care networks in the country. Your employees will always get access to convenient, confidential, and affordable care.



## Teladoc General Medical

Your employees have 24/7 access to board-certified doctors who can diagnose and treat non-emergency conditions such as sinus infections, flu, sore throats, allergies, and pink eye.



## Teladoc Mental Health Care

Your employees can schedule visits with a licensed therapist, psychologist, or psychiatrist and get support for depression, anxiety, stress, grief, and more.



## Teladoc Dermatology

Your employees can consult with a board-certified dermatologist who can provide timely answers to questions about new or chronic skin conditions like rashes, acne, eczema, and rosacea.

## Want to add Teladoc to your health plan?

Talk to your IBX account representative or broker.

## Teladoc Primary360 (P360)

Your employees have access to P360, a network of virtual primary care providers (vPCP) who will provide members with the following:

- Annual checkups and wellness visits by phone or video
- Dedicated time with a vPCP of the member's choice to talk through medical history, challenges, and needs
- A personalized care plan so they can meet their health goals with ease
- Referrals, prescriptions, and lab orders as needed
- Streamline provider referrals
- Increase member engagement in managing their care

## Teladoc Expert Medical Opinion

With P360, you also have access to Expert Medical Opinion<sup>2</sup> second opinion services from specialty doctors and nationally recognized experts who can provide support and recommendations on diagnoses and treatments to ensure you receive the best care and outcomes possible.

## Fast, accurate, effective care<sup>1</sup>

**96%** of patients did not require follow-up care

**82%** of cases did not require further action within the next seven days

**15** years' average practice experience for Teladoc medical professionals

## Advantages

Teladoc can help you and your employees:

- Reduce ER and urgent care visits for non-emergencies
- Decrease absenteeism
- Lower claims costs
- Streamline provider referrals
- Increase member engagement in managing their care



The award-winning Teladoc mobile app makes it easy to schedule visits, directly message health care providers, and request follow-up care.

## Sign up today

Registering for Teladoc is easy. Your employees can:

- Download the Teladoc mobile app
- Visit [teladochealth.com](https://teladochealth.com)
- Call **1-800-835-2362**

Once your employees are registered, they can connect with a medical professional. Teladoc medical professionals can diagnose, treat, and provide follow-up care if needed.

**Note:** You do not need a registration code to begin using Teladoc benefits.

## The Teladoc difference

Lots of doctors provide virtual care, but only Teladoc offers:

- A nationwide network of medical professionals and specialists
- Interpreters who are fluent in many languages, including American Sign Language (ASL)
- Options for caregivers or babysitters to participate in virtual visits
- Seamless integration with other Teladoc products and programs (e.g., Teladoc Diabetes and Teladoc Hypertension, Teladoc Mental Health Coaching)

## Teladoc costs for 2024–2025 (per contract per month [PCPM])<sup>3</sup>

Core services: General Medical + Mental Health Care + Dermatology

\$0.79

Core + expanded services: General Medical + Mental Health Care + Dermatology + P360 + Expert Medical Opinion<sup>2</sup>

\$2

<sup>1</sup> Based on internal data.

<sup>2</sup> Expert Medical Opinion second opinion services can be turned off at customer election (claims based).

<sup>3</sup> Visit costs are charged per claim.

Teladoc Health, Inc. is an independent company that provides virtual care and digital mental health services. Teladoc Health and the practitioners accessible through Teladoc Health are independent companies and contractors not affiliated with IBX. Please consult a physician for personalized medical advice. Always seek the advice of a physician or other qualified health care provider with any questions regarding a medical condition.

Independence Blue Cross offers products through its subsidiaries Independence Assurance Company, Independence Hospital Indemnity Plan, Keystone Health Plan East, and QCC Insurance Company — independent licensees of the Blue Cross and Blue Shield Association.

