

Empowering employees across milestone moments



The fertility, family building, and women's health landscape is evolving.

With 85 percent of large organizations looking to expand their support of women's health benefits,¹ it's the right time to consider programs that focus on fertility, family building, and women's health.

Since 2016, Progyny has helped leading organizations enhance women's reproductive health benefits. Progyny sets the standard for managing women's complex care journeys with programs that uplift women and families. Progyny offers a robust digital experience, a curated resource hub, and personalized solutions that support each member at all points of their unique health journey:



Specialized network

Access to the nation's top fertility and women's health specialists



Concierge support

Patient Care Advocates build trusted 1-on-1 relationships that help members navigate care



Equitable benefit design

Coverage and access to evidence-based care that offers superior clinical outcomes



Cohesive, data-driven care

Embraced by providers for creating proactive, connected member experiences

1 in 6

people struggles with infertility²

1 in 5

women experiences a perinatal mental health condition³

59%

of women miss work due to menopause symptoms, 18% for 8 weeks or more⁴

Prioritizing women's health care

Progyny's innovative benefit model delivers access to national specialists, trusted support, superior outcomes, and cohesive member experiences year after year, which results in:

- ✓ Reduced member stress and burden
- ✓ More members realizing their dreams of having a family
- ✓ Healthier pregnancies and babies
- ✓ Increased employee recruitment and retention

Progyny's solutions

Progyny sets the standard for managing complex care journeys. Its programs uplift women and families through each stage of life.

Clinically integrated concierge experience to guide the full journey			
Preconception and trying to conceive	Fertility and family building	Pregnancy and postpartum	Menopause and midlife
<ul style="list-style-type: none">Comprehensive planning and decision support for all paths to familyTailored digital and concierge engagementNavigation support, connecting members to specialized providers and expertsEarly clinical intervention	<ul style="list-style-type: none">Highly managed network of fertility providers, including reproductive urologistsProprietary, outcomes-focused Smart Cycle benefit designSurrogacy and adoption coaching and reimbursementIntegrated, no-hassle pharmacy	<ul style="list-style-type: none">Timely, regular outreach and clinical educationUnlimited inbound access to maternal health expertsDoula access and reimbursementReturn-to-work support for parentsParenting programming, guidance, and education	<ul style="list-style-type: none">Specialized network of menopause providersVirtual prescribing for menopausal hormone therapy (MHT) and non-MHT optionsOn-demand interdisciplinary lifestyle support and tailored referrals to in-network care

The Vistia Health/Progyny partnership

Independence Administrators has contracted with Vistia Health to provide access to Progyny. Progyny and Vistia Health work together to provide an equitable, comprehensive women’s reproductive health benefit solution that supports both employees and employers. Employers get access to a nationwide fertility, family building, and women’s health benefit solution that mitigates the risk of downstream health care costs and supports recruitment and retention efforts, as well as:

- Lower implementation burden due to Vistia Health’s contracting efforts, employee eligibility determinations, and customized outreach
- Preferred pricing
- Claims-based payment process
- Integration with Vistia Health Registered Nurses⁵

1 Business Group on Health. 2023 Large Employers’ Health Care Strategy and Plan Design Survey. Available at: www.businessgrouphealth.org/en/resources/2023%20large%20employers%20health%20care%20strategy%20survey%20intro. Accessed May 6, 2024.

2 World Health Organization. 1 in 6 people globally affected by infertility: WHO. Available at: www.who.int/news/item/04-04-2023-1-in-6-people-globally-affected-by-infertility. Accessed May 6, 2024.

3 World Health Organization. Launch of the WHO guide for integration of perinatal mental health in maternal and child health services. Available at: www.who.int/news/item/19-09-2022-launch-of-the-who-guide-for-integration-of-perinatal-mental-health. Accessed May 6, 2024.

4 Biote. Women in the Workplace Survey (2022). Available at: <https://biote.com/learning-center/biote-women-in-the-workplace-survey>. Accessed May 6, 2024.

5Integration available for customers enrolled in a Vistia Health care management product.

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